

2008 MAINE STATE PROFILE of SELECTED PUBLIC HEALTH INDICATORS

Maine Center for Disease Control and Prevention/DHHS

SUBSTANCE ABUSE AND MENTAL HEALTH INDICATORS	DISTRICT								MAINE State ± Margin of Error	UNITED STATES	Bench- mark State (healthiest)
	Aroostook ± Margin of Error	Central ± Margin of Error	Cumberland ± Margin of Error	Downeast ± Margin of Error	Midcoast ± Margin of Error	Penquis ± Margin of Error	Western ± Margin of Error	York ± Margin of Error			
Adults With 14 or More Days of Frequent Mental Distress in the Past Month (percent) [2006]	13.6 (±5.1)	9.7 (±3.0)	11.3 (±3.2)	7.0 (±2.8)	10.3 (±2.6)	12.1 (±3.7)	8.7 (±2.6)	8.4 (±3.4)	10.0 (±1.2)	10.2 (±0.6)	MN 6.7
Adults With Current Symptoms of Moderate or Severe Depression (percent) [2004-2006]	5.8 (±3.3)	9.1 (±2.9)	6.5 (±2.7)	7.8 (±3.1)	6.1 (±2.2)	13.3 (±3.9)	5.6 (±2.0)	7.0 (±3.1)	7.6 (±1.0)	n/a	ND 5.6 [2006]
Suicide Deaths (age 10 and older, rate per 100,000) [2001-2005]	12.7 (±3.9)	16.2 (±2.9)	12.0 (±2.0)	15.2 (±3.9)	16.9 (±3.1)	15.0 (±2.8)	13.9 (±2.9)	13.5 (±2.4)	13.9 (±1.0)	12.6	NY 7.2
Previous 30-Day Alcohol Use Among 9 th -12 th Graders (percent) [2006]	37.3	36.7	41.6	38.0	43.9	40.7	39.2	42.3	40.3	43.3 [2005]	UT: 15.8 HI: 34.8 [2005]
Adults Who Have Participated in Binge Drinking in the Past 30 Days (percent) [2004]	25.2	27.8	27.3	26.3	27.6	29.8	31.4	24.1	27.8	14.4 (median%)	KY 8.6
Binge Drinking Within the Last 2 Weeks Among 9 th -12 th Graders (percent) [2006]	18.4	19.5	22.0	20.8	23.9	22.9	21.7	22.3	21.6	25.5 Last 30 days [2005]	UT: 8.8 HI: 18.8 [2005]
Previous 30-Day Prescription Drug Misuse Among 9 th -12 th Graders (percent) [2006]	5.4	8.0	7.6	6.5	9.4	8.5	8.8	9.6	8.2	n/a	n/a
Substance Abuse Admissions (number among all ages) [2006]	1,275	1,204	2,426	1,141	878	1,391	901	802	10,018	n/a	n/a

SOURCES AND TECHNICAL NOTES

<p>There are three (3) DHHS Districts whose jurisdictional borders follow a single county [Aroostook, Cumberland, and York] and five (5) DHHS Health District jurisdictions that cover either 2, 3, or 4 counties [Central, Downeast, Midcoast, Penquis, Western Districts.]</p>	<p>Highlighted cells are those that may be significantly different than the state rate because the data fall outside the margin of error.</p>	<p>Race / ethnicity estimates herein reflect one type of Census format so that when a person of more than one race is counted, he or she is counted in more than one racial category. This will result in a total count higher than the actual total population count for the jurisdiction when it comes to race / ethnicity.</p>	<p>What is measured to compare disease burden by District is not always what should be measured to compare state to national data (which is not always age-adjusted.)</p>	<p>Differences in methodology for data calculations may be too great to directly compare District or State data with US or Benchmarking State data sets such as found in <i>Healthy People 2010</i>, or the Commonwealth, Kaiser, or United Health Foundation indicators ranking projects. They are still informative so they have been included.</p>	<p>Indicators change over time, especially those that depend in coding regulations, which themselves change.</p>	<p>Data for the single county Districts are sometimes calculated differently than those of multi-county Districts. For example, median ages are not comparable across Districts, but still provide useful information.</p>	<p>Many other complicated factors, such as when the population (Census) changes, means rates are not always comparable.</p>
--	---	---	---	---	--	--	---