2008 MAINE STATE PROFILE of SELECTED PUBLIC HEALTH INDICATORS
Maine Center for Disease Control and Prevention/DHHS

| DEMOGRAPHICS <br> US Census: <br> Official Population Estimates | DISTRICT |  |  |  |  |  |  |  | COMPARISONS |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Aroostook $\pm$ Margin of Error | Central $\pm$ Margin of Error | Cumberland <br> $\pm$ Margin <br> of Error | Downeast <br> $\pm$ Margin <br> of Error | Midcoast <br> $\pm$ Margin <br> of Error | Penquis <br> $\pm$ Margin <br> of Error | Western <br> $\pm$ Margin <br> of Error | York $\pm$ Margin of Error | MAINE State <br> of Error | UNITED STATES |
| Total Population [2006] | 73,008 | 173,317 | 274,598 | 87,085 | 151,882 | 164,765 | 194,687 | 202,232 | 1,321,574 | 299,398,484 |
| Total Percent of Maine Population [2006] | 5.5 | 13.1 | 20.8 | 6.6 | 11.5 | 12.5 | 14.7 | 15.3 | 100\% | n/a |
| Population Density (people per square mile) [2006] | 10.9 | 36.2 | 328.7 | 21.0 | 84.1 | 22.4 | 45.9 | 204.1 | 42.8 | $\begin{gathered} 79.6 \\ {[2000]} \end{gathered}$ |
| Median Age (*see Tech notes) [2006] | 43.0 | 41.1* | 40.7 | 42.9* | 42.3* | 41.9* | 40.0* | 41.1 | 41.1 | 36.4 |
| Selected Ages (US Census Official Population Estimates) [2006] |  |  |  |  |  |  |  |  |  |  |
| <5 Years of Age (percent and count) | $\begin{gathered} 4.8 \\ (3,478) \end{gathered}$ | $\begin{gathered} 5.2 \\ (9,059) \end{gathered}$ | $\begin{gathered} 5.6 \\ (15,254) \end{gathered}$ | $\begin{gathered} 5.0 \\ (4,379) \end{gathered}$ | $\begin{gathered} 5.1 \\ (7,731) \end{gathered}$ | $\begin{gathered} 5.3 \\ (8,701) \end{gathered}$ | $\begin{gathered} 5.5 \\ (10,745) \end{gathered}$ | $\begin{gathered} 5.4 \\ (10,898) \end{gathered}$ | $\begin{gathered} 5.3 \\ (70,245) \end{gathered}$ | $\begin{gathered} 6.8 \\ (20,417,636) \end{gathered}$ |
| 65 Years \& Older (percent and count) | $\begin{gathered} 17.4 \\ (12,673) \end{gathered}$ | $\begin{gathered} 14.5 \\ (25,175) \end{gathered}$ | $\begin{gathered} 13.6 \\ (37,237) \end{gathered}$ | $\begin{gathered} 16.6 \\ (14,462) \end{gathered}$ | $\begin{gathered} 15.7 \\ (23,912) \end{gathered}$ | $\begin{gathered} 14.0 \\ (23,007) \end{gathered}$ | $\begin{gathered} 14.4 \\ (28,007) \end{gathered}$ | $\begin{gathered} 13.9 \\ (28,166) \end{gathered}$ | $\begin{gathered} 14.1 \\ (192,639) \end{gathered}$ | $\begin{gathered} 12.4 \\ (37,260,352) \end{gathered}$ |
| Race/Ethnicity Counts (one race alone or in combination with one or more other races, except where noted.** US Census Official Population Estimates) *see Tech notes [2006] |  |  |  |  |  |  |  |  |  |  |
| White (one race alone or in combination) | 71,059 | 170,767 | 264,065 | 84,587 | 149,851 | 160,820 | 190,829 | 198,734 | $\underset{(97 \%)}{1,290,712}$ | 81.4\% |
| Black (one race alone or in combination) | 481 | 1,209 | 5,772 | 553 | 1,111 | 1,433 | 2,624 | 1,681 | $\begin{gathered} 14,864 \\ (1.1 \%) \end{gathered}$ | 13.4\% |
| American Indian \& Alaskan Native (one race alone or in combination) | 1,419 | 1,601 | 2,115 | 2,194 | 1,322 | 2,118 | 1,609 | 1,175 | $\begin{gathered} 13,553 \\ (1 \%) \end{gathered}$ | 1.5\% |
| Asian (one race alone or in combination) | 633 | 1,438 | 5,413 | 736 | 959 | 1,725 | 1,747 | 2,149 | $\begin{gathered} 14,800 \\ (1.1 \%) \end{gathered}$ | 5.0\% |
| Native Hawaiian \& Other P.I. (one race alone or in combination) | 19 | 97 | 310 | 29 | 51 | 126 | 94 | 80 | $\begin{gathered} 806 \\ (<1 \%) \end{gathered}$ | 0.3\% |
| Hispanic (of any race)** | 636 | 1,400 | 3,891 | 827 | 1,424 | 1,369 | 1,965 | 2,017 | $\begin{gathered} 13,529 \\ (1 \%) \end{gathered}$ | 14.8\% |
| Non-Hispanic (total)** | 72,372 | 171,917 | 270,707 | 86,258 | 150,458 | 163,396 | 192,722 | 200,215 | $\underset{(99 \%)}{1,308,045}$ | 85.1\% |
| Franco-American [2000] | 25,374 | 46,580 | 47,185 | 9,083 | 19,132 | 46,580 | 58,457 | 52,868 | $\begin{gathered} 305,259 \\ (22 \%) \end{gathered}$ | 0.8\% |

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| MORE DEMOGRAPHICS: Percent and Count | DISTRICT |  |  |  |  |  |  |  | COMPARISONS |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Aroostook <br> $\pm$ Margin <br> of Error | Central <br> $\pm$ Margin <br> of Error | Cumberland <br> $\pm$ Margin <br> of Error | Downeast <br> $\pm$ Margin <br> of Error | Midcoast <br> $\pm$ Margin <br> of Error | Penquis <br> $\pm$ Margin <br> of Error | Western <br> $\pm$ Margin <br> of Error | York <br> $\pm$ Margin of Error | MAINE State $\pm$ Margin of Error | UNITED STATES |
| Median Annual Household Income [2004] | \$ 32,629 | \$ 36,147 | \$ 49,870 | \$ 33,834 | \$ 41,690 | \$ 34,717 | \$ 36,670 | \$ 48,363 | \$ 41,287 | \$ 44,334 |
| Families Living in Poverty (all ages, percent) [2004] | $\begin{gathered} 14.9 \\ ( \pm 0.3) \\ 10,918 \end{gathered}$ | $\begin{gathered} 13.1 \\ ( \pm 0.2) \\ 22,497 \end{gathered}$ | $\begin{gathered} 9.0 \\ ( \pm 0.1) \\ 24,708 \end{gathered}$ | $\begin{gathered} 12.6 \\ ( \pm 0.2) \\ 10,943 \end{gathered}$ | $\begin{gathered} 10.7 \\ ( \pm 0.2) \\ 16,142 \end{gathered}$ | $\begin{gathered} 13.2 \\ ( \pm 0.2) \\ 21,715 \end{gathered}$ | $\begin{gathered} 12.4 \\ ( \pm 0.2) \\ 23,915 \end{gathered}$ | $\begin{gathered} 9.0 \\ ( \pm 0.1) \\ 17,963 \end{gathered}$ | $\begin{gathered} 11.3 \\ ( \pm 0.1) \\ 148,801 \end{gathered}$ | 11.5 |
| Children on Free or Reduced Lunch Program (percent of enrolled school children) [2005] | $\begin{aligned} & 47.7 \\ & ( \pm 1.2) \\ & 5,551 \end{aligned}$ | $\begin{gathered} 41.0 \\ ( \pm 0.8) \\ 11,613 \end{gathered}$ | $\begin{gathered} 25.9 \\ ( \pm 0.5) \\ 10,483 \end{gathered}$ | $\begin{aligned} & 41.9 \\ & ( \pm 1.1) \\ & 5,037 \end{aligned}$ | $\begin{gathered} 35.9 \\ ( \pm 0.8) \\ 7,471 \end{gathered}$ | $\begin{gathered} 39.1 \\ ( \pm 0.8) \\ 10,068 \end{gathered}$ | $\begin{gathered} 45.8 \\ ( \pm 0.7) \\ 13,466 \end{gathered}$ | $\begin{aligned} & 27.6 \\ & ( \pm 0.7) \\ & 7,547 \end{aligned}$ | $\begin{gathered} 36.4 \\ ( \pm 0.3) \\ 71,236 \end{gathered}$ | 17.5 |
| Adults with Lifetime Educational Attainment Less Than High School (percent) [2000] | $\begin{gathered} 23.1 \\ ( \pm 0.4) \\ 11,868 \end{gathered}$ | $\begin{gathered} 16.1 \\ ( \pm 0.3) \\ 18,378 \end{gathered}$ | $\begin{gathered} 9.8 \\ ( \pm 0.1) \\ 17,900 \end{gathered}$ | $\begin{aligned} & 15.3 \\ & ( \pm 0.3) \\ & 9,185 \end{aligned}$ | $\begin{gathered} 13.0 \\ ( \pm 0.2) \\ 13,146 \end{gathered}$ | $\begin{gathered} 14.9 \\ ( \pm 0.2) \\ 16,073 \end{gathered}$ | $\begin{gathered} 18.6 \\ ( \pm 0.2) \\ 23,561 \end{gathered}$ | $\begin{gathered} 13.5 \\ ( \pm 0.2) \\ 17,177 \end{gathered}$ | $\begin{gathered} 14.6 \\ ( \pm 0.1) \\ 127,419 \end{gathered}$ | $\begin{gathered} 9.4 \\ ( \pm 0.1) \end{gathered}$ |
| Single-Parent Households with Children <18 years (percent) [2000] | $\begin{gathered} 7.7 \\ ( \pm 0.3) \\ 2,323 \end{gathered}$ | $\begin{aligned} & 10.4 \\ & ( \pm 0.2) \\ & 7,007 \end{aligned}$ | $\begin{gathered} 8.4 \\ ( \pm 0.2) \\ 9,117 \end{gathered}$ | $\begin{gathered} 8.8 \\ ( \pm 0.3) \\ 3,157 \end{gathered}$ | $\begin{gathered} 9.0 \\ ( \pm 0.2) \\ 5,372 \end{gathered}$ | $\begin{gathered} 9.5 \\ ( \pm 0.2) \\ 6,197 \end{gathered}$ | $\begin{aligned} & 10.4 \\ & ( \pm 0.2) \\ & 7,887 \end{aligned}$ | $\begin{gathered} 9.1 \\ ( \pm 0.2) \\ 6,788 \end{gathered}$ | $\begin{gathered} 9.2 \\ ( \pm 0.1) \\ 47,848 \end{gathered}$ | 7.2 |
| Householders $\geq 65$ Living Alone (percent) [2000] | $\begin{aligned} & 13.1 \\ & ( \pm 0.4) \\ & 3,977 \end{aligned}$ | $\begin{gathered} 10.5 \\ ( \pm 0.2) \\ 7,145 \end{gathered}$ | $\begin{gathered} 10.2 \\ ( \pm 0.2) \\ 11,015 \end{gathered}$ | $\begin{aligned} & 12.2 \\ & ( \pm 0.3) \\ & 4,386 \end{aligned}$ | $\begin{gathered} 11.0 \\ ( \pm 0.4) \\ 6,549 \end{gathered}$ | $\begin{aligned} & 10.4 \\ & ( \pm 0.2) \\ & 6,829 \end{aligned}$ | $\begin{gathered} 10.9 \\ ( \pm 0.2) \\ 8,317 \end{gathered}$ | $\begin{gathered} 9.7 \\ ( \pm 0.2) \\ 7,233 \end{gathered}$ | $\begin{gathered} 10.7 \\ ( \pm 0.1) \\ 55,451 \end{gathered}$ | 9.2 |
| People Who Speak a Language Other Than English (percent of those >5 years old) [2000] | $\begin{gathered} 24.1 \\ ( \pm 0.3) \\ 16,880 \end{gathered}$ | $\begin{gathered} 6.8 \\ ( \pm 0.1) \\ 10,735 \end{gathered}$ | $\begin{gathered} 5.9 \\ ( \pm 0.1) \\ 14,888 \end{gathered}$ | $\begin{gathered} 4.3 \\ ( \pm 0.1) \\ 3,498 \end{gathered}$ | $\begin{aligned} & 3.5 \\ & ( \pm 0.1) \\ & 4,798 \end{aligned}$ | $\begin{aligned} & 4.4 \\ & ( \pm 0.1) \\ & 6,818 \end{aligned}$ | $\begin{gathered} 11.1 \\ ( \pm 0.2) \\ 19,771 \end{gathered}$ | $\begin{gathered} 9.4 \\ ( \pm 0.1) \\ 16,578 \end{gathered}$ | $\begin{gathered} 7.8 \\ ( \pm 0.1) \\ 82,512 \end{gathered}$ | 17.9 |
| Adults With a Disability (percent) [2006] | $\begin{gathered} 24.6 \\ ( \pm 7.3) \\ 6,924 \end{gathered}$ | $\begin{gathered} 23.0 \\ ( \pm 4.3) \\ 33,513 \end{gathered}$ | $\begin{gathered} 23.0 \\ ( \pm 3.9) \\ 35,594 \end{gathered}$ | $\begin{gathered} 28.5 \\ ( \pm 4.3) \\ 17,830 \end{gathered}$ | $\begin{gathered} 23.0 \\ ( \pm 3.3) \\ 25,250 \end{gathered}$ | $\begin{gathered} 30.4 \\ ( \pm 4.9) \\ 32,729 \end{gathered}$ | $\begin{gathered} 20.0 \\ ( \pm 3.7) \\ 38,280 \end{gathered}$ | $\begin{gathered} 21.8 \\ ( \pm 4.3) \\ 32,913 \end{gathered}$ | $\begin{gathered} 23.8 \\ ( \pm 1.6) \\ 237,910 \end{gathered}$ | 15.1 |

## SOURCES AND TECHNICAL NOTES

| There are three (3) | Highlighted cells | Race / ethnicity | What is measured to | Differences in | Indicators change | Data for the single | Many other |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| DHHS Districts | are those that | estimates herein | compare disease | methodology for data | over time, especially | county Districts are | complicated factors, |
| whose jurisdictional | may be | reflect one type of | burden by District is | calculations may be | those that depend in | sometimes calculated | such as when the |
| borders follow a single county | significantly different than the | Census format so that when a | not always what should be measured | too great to directly compare District or | coding regulations, which themselves | differently than those of multi-county | population <br> (Census) changes, |
| [Aroostook, | state rate | person of more | to compare state to | State data with US or | change. | Districts. For | means rates are not |
| Cumberland, and | because the data | than one race is | national data (which | Benchmarking State |  | example, median | always comparable. |
| York] and five (5) | fall outside the | counted, he or she | is not always age- | data sets such as |  | ages are not |  |
| DHHS Health | margin of error. | is counted in more | adjusted.) | found in Healthy |  | comparable across |  |
| District jurisdictions |  | than one racial |  | People 2010, or the |  | Districts, but still |  |
| that cover either 2, 3, or 4 counties |  | category. This will result in a total |  | Commonwealth, Kaiser, or United |  | provide useful information. |  |
| [Central, Downeast, |  | count higher than |  | Health Foundation |  |  |  |
| Midcoast, Penquis, |  | the actual total |  | indicators ranking |  |  |  |
| Western Districts.] |  | population count |  | projects. They are still |  |  |  |
|  |  | for the jurisdiction |  | informative so they |  |  |  |
|  |  | when it comes to |  | have been included. |  |  |  |

