



MAINE

HEALTHCARE ASSOCIATED INFECTIONS

PROGRESS



Healthcare-associated infections (HAIs) are infections patients can get while receiving medical treatment in a healthcare facility. The **standardized infection ratio (SIR)** is a statistic used to track HAI prevention progress over time; lower SIRs indicate better progress. The infection data are collected through CDC's National Healthcare Safety Network (NHSN). Maine requires hospitals to publicly report at least one HAI to NHSN, and HAI data for nearly all U.S. hospitals are published on the Hospital Compare website.



✓ CENTRAL LINE-ASSOCIATED BLOODSTREAM INFECTIONS

CLABSIs ↓ 7%

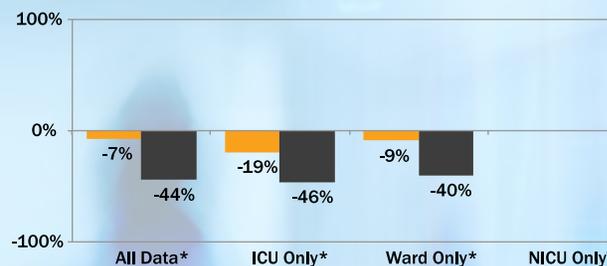
LOWER COMPARED TO NAT'L BASELINE

A **central line** is a tube that a doctor usually places in a large vein of a patient's neck or chest to give important medical treatment. When not put in correctly or kept clean, central lines can become a freeway for germs to enter the body and cause deadly infections in the blood.

Maine hospitals did not report a significant change in CLABSIs between 2011 and 2012.

■ Not enough data to report how many Maine hospitals have an SIR significantly worse than the national SIR of 0.56.

Changes in CLABSI vs. 2008 National Baseline



LEGEND

- State
- National
- ✓ State examines data and reviews medical charts for this infection to confirm accuracy and completeness
- Q State investigates data for this infection to assess completeness and quality
- * Statistically significant difference
- v Fewer than 5 facilities reported data

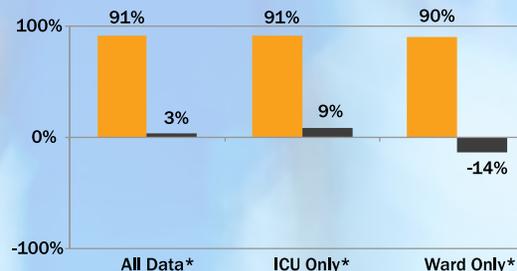
CAUTIs ↑ 91% HIGHER COMPARED TO NAT'L BASELINE

When a urinary catheter is not inserted correctly, not kept clean, or left in a patient for too long, germs can travel through the catheter and cause a **catheter-associated urinary tract infection** in the urinary system, which includes the bladder and kidneys.

31% 31% of Maine hospitals have an SIR worse than the national SIR of 1.03.

CATHETER-ASSOCIATED URINARY TRACT INFECTIONS

Changes in CAUTI vs. 2009 National Baseline



SSIs: COLON SURGERY ↑ 22% HIGHER COMPARED TO NAT'L BASELINE

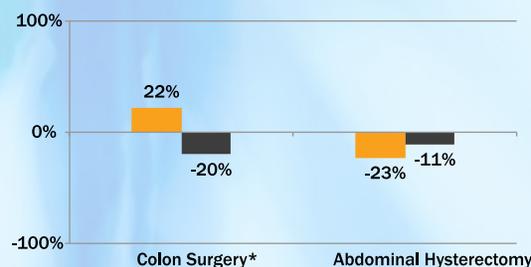
SURGICAL SITE INFECTIONS: COLON SURGERY AND ABDOMINAL HYSTERECTOMY SURGERY

When germs get into an area where surgery is or was performed, patients can get a **surgical site infection**. Sometimes these infections involve the skin only. Other SSIs can involve tissues under the skin, organs, or implanted material.

■ Not enough data to report how many Maine hospitals have a colon surgery SIR significantly worse than the national SIR of 0.80.

SSIs: ABDOMINAL HYSTERECTOMY ↓ 24% LOWER COMPARED TO NAT'L BASELINE

Changes in SSI vs. 2008 National Baseline



■ Not enough data to report how many Maine hospitals have an abdominal hysterectomy SIR significantly worse than the national SIR of 0.89.





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Learn how your hospital is preventing infections: www.medicare.gov/hospitalcompare
For more information:

- 2012 HAI Progress Report: www.cdc.gov/hai/progress-report/
- Preventing HAIs: www.cdc.gov/hai
- NHSN: www.cdc.gov/nhsn
- HAIs in Maine: www.maine.gov/dhhs/



HEALTHCARE-ASSOCIATED INFECTION (HAI) DATA gives healthcare facilities and public health agencies knowledge to design, implement, and evaluate HAI prevention efforts.

WHAT IS THE STANDARDIZED INFECTION RATIO?

The **standardized infection ratio (SIR)** is a statistic used to track healthcare-associated infection prevention progress over time. The SIR for a facility or state is adjusted to account for factors that might cause infection rates to be higher or lower, such as hospital size, teaching status, the type of patients a hospital serves, and surgery and patient characteristics.

✓ Q In some cases, states that work to validate, or double check, HAI data may have higher SIRs since they are actively looking for infections.

WHAT DOES THE STANDARDIZED INFECTION RATIO MEAN?

IF THE STATE SIR IS:

- MORE THAN 1** There were more infections reported in the state in 2012 compared to the national baseline data, **indicating there has been an increase in infections.**
- 1** There were about the same number of infections reported in the state in 2012 compared to the national baseline data, **indicating no progress has been made.**
- LESS THAN 1** There were fewer infections reported in the state in 2012 compared to the national baseline data, **indicating progress has been made in preventing infections.**

WHAT IS MAINE DOING TO PREVENT HEALTHCARE-ASSOCIATED INFECTIONS?

Maine has a state mandate to publicly report at least one HAI to NHSN.

Maine has several prevention efforts (known as prevention collaboratives) to reduce specific HAIs, including:

- Central line-associated bloodstream infections
- Catheter-associated urinary tract infections
- *Clostridium difficile*, deadly diarrheal infections
- MRSA infections
- Multidrug-resistant organism infections

Maine implemented prevention efforts to improve antibiotic stewardship and hand hygiene.

⁺ Not all hospitals are required to report these infections; some hospitals do not use central lines or urinary catheters, or do not perform colon or abdominal hysterectomy surgeries.

NUMBER OF MAINE HOSPITALS THAT REPORTED DATA TO CDC'S NHSN IN 2012 Total Hospitals: 41 ⁺		STATE SIR	NAT'L SIR
CLABSI 22 hospitals	Maine's 2012 state CLABSI SIR is significantly worse than the 2012 national SIR.	0.93	0.56
CAUTI 22 hospitals	Maine's 2012 state CAUTI SIR is significantly worse than the 2012 national SIR.	1.91	1.03
SSI, Colon Surgery 24 hospitals	Maine's 2012 state Colon Surgery SSI SIR is significantly worse than the 2012 national SIR.	1.22	0.80
SSI, Abdominal Hysterectomy 21 hospitals	Maine's 2012 state Abdominal Hysterectomy SSI SIR is similar to the 2012 national SIR.	0.77	0.89