

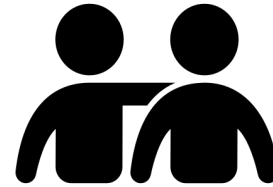


Monkeypox (mpox)

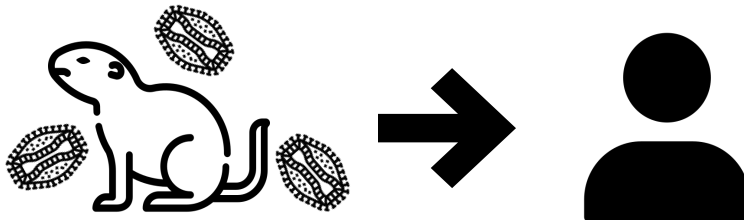
Fact Sheet



Mpox is a serious disease caused by the monkeypox virus.



Mpox is spread from person-to-person, usually by direct contact with infectious sores, scabs, body fluids, or contaminated materials (such as clothing).



Mpox can also spread from animals to people through the bite or scratch of an infected animal, by handling wild game, or through the use of products made by infected animals.

International Travel

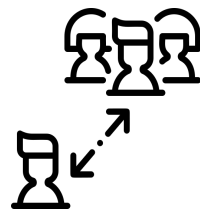
Mpox does not occur naturally in the United States, and some cases in the United States have been associated with international travel.



Prevention



Do not touch animals that could harbor the virus (including animals that are sick or have been found dead)



Isolate individuals with mpox symptoms



Practice good hand hygiene

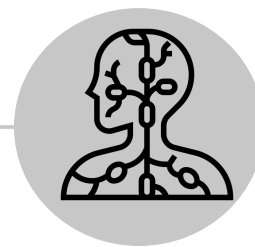
Early Signs and Symptoms



Fever and chills



Head and Body Aches

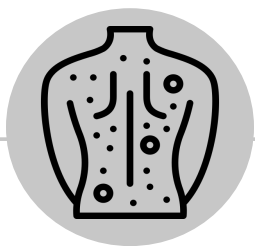


Swollen Lymph Nodes

Later Signs and Symptoms



Rash



Pus-Filled Blisters



Scabs

Mpox is characterized by a rash that can look like pimples or blisters. These can appear on the face, inside the mouth, and on other parts of the body like hands, feet, chest, genitals, or anus. The rash goes through different stages before healing completely. The illness typically lasts 2-4 weeks. Sometimes, people get a rash, followed by other symptoms. Others may only experience a rash.



Talk to a healthcare provider if you have any of these signs and symptoms, or if you have been exposed to mpox. They can help with coordinating testing and treatment.

For More Information



Contact your healthcare provider or Maine Center for Disease Control and Prevention at 1-800-821-5821 for more information.

You can also visit:

- www.cdc.gov/poxvirus/monkeypox.
- www.maine.gov/dhhs/monkeypox