

IV. Soy Formulas and Beverages

Soy infant formula is available as a standard WIC contract formula without a prescription. Soy infant formula may be provided upon request from a parent.

WIC participants between the ages of 12-60 months (1-5 years) who require a soy product may be issued either a soy infant formula or a fortified soy beverage. Requests for a soy product for a child >12 months must include:

- **specific product requested**
- **diagnosis, including ICD-9 code**
- **length of time the product is needed**
- **amount prescribed per day**

According to WIC Federal Regulations (7 CFR, Part 246), monthly formula issuance amounts are based on infant age, feeding choice (partially breastfed or fully formula fed) and form of formula (powder, concentrate, ready to feed). Partially breastfed infants needing supplemental formula may receive a maximum of one can of powdered formula in the first 30 days of life, and will have monthly issuance tailored according to individual need throughout the rest of the first year. WIC maximum formula issuance amounts for all age groups, infant feeding choices and forms of formula are included for each item listed.

Health care providers may use the ***Maine CDC WIC Nutrition Program Medical Documentation for WIC Medical Formula or Medical Food/MaineCare Prior Authorization Form for Formula*** form to obtain approval for soy infant formula for a child older than 12 months or for a fortified soy beverage for a child aged 12-60 months.

Soy Infant Formulas																																									
Product Name	Description	Packaging	Composition	Indications	Maximum Monthly WIC Issuance Amounts																																				
Enfamil® ProSobee® (Mead Johnson Nutrition™)	Soy based iron-fortified formula for routine feeding of infants intolerant to milk protein or lactose. Gluten Free Lactose Free Galactose Free Sucrose free Kosher	Concentrated liquid: 13 fl.oz. cans, 12 cans/case NDC: 0087-119541 Ready to Feed liquid: 32 fl.oz. cans, 6 cans/case NDC: 0087-030974 Powder: 12.9 oz. cans, 6 cans/case (use unpacked scoops); Can yield: 92 fl. oz. (standard dilution) NDC: 0087-121441	CHO: corn syrup solids PRO: soy protein isolate FAT: palm olein, soy, coconut, high oleic sunflower, M. alpina and C. cohnii oils Vitamins, minerals 20 cal./fl.oz Osmolality =170 mOsm/Kg H ₂ O (RTU and concentrate); 180 mOsm/Kg H ₂ O (powder)	IgE-associated mediated allergy to cow's milk protein; management of lactose intolerance (hereditary or transient), galactosemia, gluten sensitivity; feeding problems associated with milk sensitivity.	<table border="1"> <thead> <tr> <th>Non-breastfed infants</th> <th>0-3 months</th> <th>4-5 months</th> <th>6-11 months</th> </tr> </thead> <tbody> <tr> <td>Powder: 12.9 oz.</td> <td>9 cans</td> <td>10 cans</td> <td>7 cans</td> </tr> <tr> <td>Concentrate</td> <td>31 cans</td> <td>34 cans</td> <td>24 cans</td> </tr> <tr> <td>RTF (32 oz.)</td> <td>26 cans</td> <td>28 cans</td> <td>20 cans</td> </tr> <tr> <td colspan="4" style="background-color: #e0ffe0;"></td> </tr> <tr> <th>Partially breastfed infants</th> <th>1-3 months</th> <th>4-5 months</th> <th>6-11 months</th> </tr> <tr> <td>Powder: 12.9 oz.</td> <td>4 cans</td> <td>5 cans</td> <td>4 cans</td> </tr> <tr> <td>Concentrate</td> <td>14 cans</td> <td>17 cans</td> <td>12 cans</td> </tr> <tr> <td>RTF (32 oz.)</td> <td>12 cans</td> <td>14 cans</td> <td>10 cans</td> </tr> </tbody> </table>	Non-breastfed infants	0-3 months	4-5 months	6-11 months	Powder: 12.9 oz.	9 cans	10 cans	7 cans	Concentrate	31 cans	34 cans	24 cans	RTF (32 oz.)	26 cans	28 cans	20 cans					Partially breastfed infants	1-3 months	4-5 months	6-11 months	Powder: 12.9 oz.	4 cans	5 cans	4 cans	Concentrate	14 cans	17 cans	12 cans	RTF (32 oz.)	12 cans	14 cans	10 cans
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8th Continent Fortified Soymilk (Stremick's Heritage Foods)	Fortified soy beverage provided as milk replacement for children and women who are intolerant of milk protein or who require complete removal of lactose from diet. Lactose Free. Gluten free Vegan Kosher	Ready to drink beverage: 64 ounce cartons	CHO: sugar, xanthan gum PRO: soy protein FAT: soybean oil Vitamins, minerals 10 cal./fl. oz., 1 g protein/fl oz	For dietary management of children or women with galactosemia or milk protein allergy.	<table border="1"> <thead> <tr> <th colspan="2">Children and Postpartum Women</th> </tr> </thead> <tbody> <tr> <td>Ready to drink: 64 oz.</td> <td>16 quarts (16 oz/day)</td> </tr> <tr> <th colspan="2">Pregnant Women</th> </tr> <tr> <td>Ready to drink: 64 oz.</td> <td>22 quarts (22.7 oz/day)</td> </tr> <tr> <th colspan="2">Exclusively Breastfeeding Women</th> </tr> <tr> <td>Ready to drink: 64 oz.</td> <td>24 quarts (24.8 oz/day)</td> </tr> </tbody> </table>	Children and Postpartum Women		Ready to drink: 64 oz.	16 quarts (16 oz/day)	Pregnant Women		Ready to drink: 64 oz.	22 quarts (22.7 oz/day)	Exclusively Breastfeeding Women		Ready to drink: 64 oz.	24 quarts (24.8 oz/day)																								
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Pacific Ultra Soy Plain Fortified Soy Beverage (Pacific Natural Foods)	Fortified soy beverage provided as milk replacement for children and women who are intolerant of milk protein or who require complete removal of lactose from diet. Lactose Free Gluten Free Kosher Parve Dairy Free Vegan	<u>Ready to drink beverage:</u> 32 ounce cartons	CHO: evaporated cane juice PRO: soy protein isolate FAT: soybean oil Vitamins, minerals 15 cal./fl. oz 1.25g protein/fl oz	For dietary management of children or women with galactosemia or milk protein allergy.	Children and Postpartum Women	
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