

# Maine Center for Disease Control and Prevention WIC Nutrition Program

Effective: October 1, 2011

Policy No. BF-7

Revised: August 1, 2014

## Provision of Manual Breast Pumps and Breastfeeding Aids

### Authority

7 CFR §246.11(c)(3) and (7)(iv); §246.14(b)(1)(iii) and (c)(10)

22 MRSA §255 and §1951

### Policy

1. Hand or manual breast pumps may be provided to breastfeeding participants who request a pump, but do not meet the criteria for an electric breast pump.
2. Nursing supplements may be provided to breastfeeding participants whose milk supply does not meet the full needs of their babies, who wish to re-establish, or induce lactation.

### Procedures

1. Manual pumps are designed for use by a single person and shall not be returned.
  - 1.1 Appropriate education regarding pump usage and milk storage shall be provided to the participant, either in paper form or referred to the internet.
  - 1.2 Local Agency staff shall not directly or indirectly communicate to participants that a breast pump or aid is needed to be successful at breastfeeding. This type of message may create a barrier to breastfeeding.
  - 1.3 Issuance of a manual breast pump shall be documented in the participant's electronic record.
2. When distributing a nursing supplement such as a supplemental nursing system (SNS), to a participant, Local Agency staff shall:
  - 2.1 Thoroughly assess the need for the SNS based on health care provider or lactation specialist evaluation and recommendation.
  - 2.2 Provide the participant with written instructions on how to assemble, use, and clean the supplementation system (wash well in hot, soapy water, rinse well and sterilize once per day).
  - 2.3 Document need and education in use of SNS in the participant's electronic record.