

### III. Gastroesophageal Reflux

Formulas with added rice starch are available for infants when an assessment indicates gastroesophageal reflux or excessive spit up. The Maine CDC WIC Nutrition Program will provide formula with added rice starch from the manufacturer that holds the Maine CDC WIC Nutrition Program formula contract. Currently, Mead Johnson provides contract formula for the Maine CDC WIC Nutrition Program.

Health Care Provider prescription requests are not needed for issuance of formula with added rice starch to infants 0-12 months of age. A prescription is needed for issuance of these formulas to children older than 12 months of age.

Prescriptions must include:

- **specific formula name**
- **diagnosis**
- **length of time the product is needed**
- **amount of formula prescribed per day**

According to WIC Federal Regulations (7 CFR, Part 246), monthly formula issuance amounts are based on infant age, feeding choice (partially breastfed or fully formula fed) and form of formula (powder, concentrate, ready to feed). Partially breastfed infants needing supplemental formula may receive a maximum of one can of powdered formula in the first 30 days of life, and will have monthly issuance tailored according to individual need throughout the rest of the first year. WIC maximum formula issuance amounts for all infant age groups, feeding choices and forms of formula are included for each item listed.

Health care providers may use the **Maine CDC WIC Nutrition Program/MaineCare Request/Prior Authorization for Medical Formula/WIC-Eligible Nutritionals** form to obtain approval for issuance of formulas with added rice starch for children  $\geq 12$  months.

Formulas with Added Rice Starch					Maximum Monthly WIC Issuance Amounts			
Product Name	Description	Packaging	Composition	Indications				
<b>Enfamil A.R.®</b> (Mead Johnson Nutritionals)	Milk-based infant formula thickened with added rice starch.  <b>Contains no known sources of gluten</b>	<b>Powder:</b> 12.9 oz. cans, 6 cans/case (use unpacked level scoops) <b>Can yield: 91 fl oz. (standard dilution)</b> <b>NDC:</b> 0087-020142  <b>Ready to Feed</b> <b>Liquid:</b> 32 oz. cans, 6 cans/case <b>NDC:</b> 0087-020373	<b>CHO:</b> rice starch, lactose, maltodextrin, galactooligosaccharides, polydextrose <b>PRO:</b> nonfat milk <b>FAT:</b> palm olein, soy, coconut, high oleic sunflower, M. alpina, and C. cohnii oils  <b>Vitamins, minerals</b> 20 cal./fl. oz. <b>Osmolality</b> = 230 mOsm/kg H <sub>2</sub> O (powder), 240 mOsm/kg H <sub>2</sub> O (RTU),	For infants needing a thickened formula to reduce frequent regurgitation and reflux	<b>Non-breastfed infants</b>			
					<b>0-3 months</b>	<b>4-5 months</b>	<b>6-11 months</b>	
					<b>Powder:</b> 12.9 oz.	9 cans	10 cans	7 cans
					<b>RTF (32 oz.)</b>	26 cans	28 cans	20 cans
					<b>Partially breastfed infants</b>			
					<b>1-3 months</b>	<b>4-5 months</b>	<b>6-11 months</b>	
					<b>Powder:</b> 12.9 oz.	4 cans	5 cans	4 cans
					<b>RTF (32 oz.)</b>	12 cans	14 cans	10 cans