

Neighbor to Neighbor: Pests Cockroaches and Bedbugs



*Promoting Healthy Homes, Healthy Families
through Community Outreach and Education*



Spread the Word, Neighbor to Neighbor



Cockroaches



Cockroaches
CAN make you sick.



Where cockroaches live



What do cockroaches eat?



Cockroach Feces



Cockroach eggs



Dead cockroaches



Preventing Cockroaches



**Store
Food**

Prevent Pests



Dishes



Remove:



Preventing Cockroaches



Bedbugs



Bedbugs CAN leave bites.



Where are the bedbugs?



Where bedbugs live



What do bedbugs eat?



Bedbugs



Bedbug waste



Preventing Bedbugs



Avoid dumpster furniture

Preventing Bedbugs



Eliminating Bedbugs



Report to your Landlord!

Eliminating Bedbugs



No~



Yes~

Eliminating Bedbugs



Wash and Dry clothes
AND bedding

Contact if you have pests

1. Your Landlord
2. The Neighborhood Housing League (Lewiston residents only) : 615-2025
3. Code Enforcement
Lewiston: 513-3125
Auburn: 333-6600
4. Pine Tree Legal Assistance: 784-1558