How You Can Prevent Bed Bugs

Identification

- **Is it really a bed bug?** Grab it with a tissue. Put tissue and bug into a baggie. Your Cooperative Extension office or other professional can help identify it.
- Adults are rusty red and the size of an apple seed.

Monitor

- Inspect backpacks and mobility devices for bugs or tell-tale signs (more info at neipmc.org/schools).
- Put interception traps on floors or under furniture. Check traps weekly. Learn how at:
  
  https://citybugs.tamu.edu/factsheets/biting-stinging/bed-bugs/ent-3012/

- A trained dog can help detect active infestations.

Communicate

- Provide information to families about how to prevent and manage bed bugs at home.
- For some students, it can be helpful to keep clean, spare clothing, shoes and backpack at school.
- Establish procedures and communicate with affected families and staff.

Take Action

- When bed bugs are a concern, provide each student a storage tub or bag to store belongings.
- Heat treat clothing and other items (30 minutes in a dryer) to kill bugs and their eggs.
- Vacuum affected classrooms daily.
- Steam-clean infested wheelchairs and furniture.
- Pesticides for bed bugs are rarely, if ever, needed in day schools.

For more information and problem solving tools, please visit www.northeastIPM.org/schools

Graphics by Hailey Mealey