The Maine Highlands Region

Directions
From Dover-Foxcroft, take Route 153 approximately 4.5 miles and turn left on State Park Road.

Fees
All fees are payable at the Park’s entrance. See online information:
• Day Use & Boat Launches: www.maine.gov/doc/parks/programs/DUfees.html
• Camping: www.campwithme.com

Contacts
Peaks-Kenny State Park
401 State Park Road
Dover-Foxcroft, ME 04426
In season: 207-564-2003

Services & Facilities
• 56 private single-party campsites on well-spaced, wooded sites
• Day use area with 50 picnic sites (with grills)
• Handicap-accessible picnic site and campsite
• Sandy swim beach with lifeguard (in summer) and canoe rentals
• 10 miles of gentle hiking trails
• Playground area with equipment
• Trailer dump station
• Pavilion available for group use ($100 reservation fee plus day use fees)

When to Visit
Park is open and staffed May 15–Oct. 1.
Main gate is open daily 9 a.m. to 10 p.m.
Day-use area is open from 9 a.m. until sunset. Advance reservations recommended for camping: contact the State Park Reservations Office (800-332-1501—in Maine, 207-624-9950 outside Maine, or online at www.campwithme.com).

Overview
Peaks-Kenny State Park lies on the shores of Sebec Lake, offering day visitors and campers a peaceful, wooded setting in which to enjoy boating, fishing, swimming, hiking and picnicking. With 56 sites set among stately trees and large glacial boulders near the lake, the campground fosters quiet and private enjoyment of a beautiful natural setting. The 839-acre park lies in the Central Maine Highlands, an area renowned for its natural beauty and outdoor opportunities—with Moosehead Lake, the Appalachian Trail, the southern end of Baxter State Park and other outdoor destinations all within a morning’s drive.

The Park encompasses more than a mile of shoreline along Sebec Lake. A sandy swimming beach, staffed by a lifeguard in summer, offers lovely views across Sebec Lake to Borestone Mountain. A grassy picnic area with playground adjoins the beach, providing tables and barbecue grills enjoyed by both camping parties and day visitors. The camping area, a five-minute walk from the beach, has many glacial boulders that children visiting the park enjoy climbing.

Recreational Trails Program money helped fund this guide.

Property History
The land that now constitutes the developed portions of Peaks-Kenny State Park was given to the State in 1964 by a prominent citizen and lawyer in Dover-Foxcroft, Francis J. Peaks, who served in the Maine House of Representatives. The gift of this beautiful recreational site, including a white sand beach at Sand Cove that had long been a favorite picnicking spot, was made in memory of his sister, Annie Peaks Kenny, and their parents, Joseph and Eliza Peaks—for whom the park was named. The park first opened on July 4, 1969.
Visitor Rules
• Camp only at established sites, many of which can be reserved in advance at www.campwithme.com. There’s a two-night minimum for reserved sites and a 14-day maximum stay during July and August.
• Park rules prohibit use of intoxicating beverages.
• Keep pets on leash (less than 4 feet) at all times and do not leave pets unattended.
• Quiet in camping areas is required between 10:00 p.m. and 7:00 a.m. Generators can only be operated at designated times.
• Moving firewood can transport exotic insects & diseases that threaten forests. Always acquire firewood from a local source.
• Please stay on trails to protect sensitive ecosystems.
• Observe wildlife from far enough away that they do not change their behavior: do not follow or feed animals.

Trails
Peaks-Kenny State Park offers a 10-mile interconnected network of hiking trails.
• Cove Trail (0.4 miles) leaves from the beach picnic area, offering a short loop through woods.
• Loop Trail (0.2 miles) provides a centrally located loop for those seeking a quick woods experience.
• Birch Mountain Ledge Trail (2.3 miles) winds through mature forest to ledges atop Birch Mountain.
• Brown’s Point Trail: (3.4-mile roundtrip, allow 2 hours) provides a challenging hike through varied forested terrain.

Nearby Destinations
Peaks-Kenny State Park lies within the Maine Highlands Region that encompasses Baxter State Park and other notable North Woods attractions:
• Sebois Public Lands offers 13,000 acres bordering two lakes, with camping, boating and fishing opportunities and views to Mt. Katahdin.
• Katahdin Iron Works State Historical Site features the skeletons of a blast furnace and charcoal kiln which stand as silent, lone remnants of the Katahdin Iron Works. Between 1843 and 1890, these structures pulsed with activity as part of Maine’s only nineteenth century iron works operation. Gulf Hagas, a National Natural Landmark, provides challenging hikes and an impressive gorge just west of Katahdin Iron Works.

Special Considerations
• All motorized boats using Maine’s inland waters must purchase and display a Lake and River Protection Sticker, which helps fund prevention and monitoring efforts for aquatic invasives.
• All those fishing (age 16 and above for Maine residents and age 12 and above for non-residents) must have a valid license and review the State’s open water fishing regulations (www.maine.gov/ifw/laws_rules/fishing/fishing.htm).
• When boating or hiking, be prepared with extra clothing (and appropriate footwear), map and compass, and adequate water and food. Inform someone where you are going and when you expect to return.
• Be prepared for black flies and mosquitoes, particularly in May and June. Check yourself for deer ticks daily to prevent Lyme disease.

Maps: Center for Community GIS (www.community-gis.org)