



Janet T. Mills
Governor

**STATE OF MAINE
STATE EMPLOYEE HEALTH COMMISSION
61 State House Station
Augusta, ME 04333-0061**

Jonathan French
Labor Co-Chair

Heather Perreault
Management Co-Chair

STATE EMPLOYEE HEALTH COMMISSION MEETING

**Thursday, April 15th, 2021 @ 8:30am
Microsoft Teams Meeting**

Commission members in attendance: **Diane Bailey, Lois Baxter, Cecile Champagne-Thompson, Laurie Doucette, Jonathan French, Deidre Kinney, Thomas Lamontanaro, Peter Marcellino, Mara McGowen, Lew Miller, Heather Perreault, Angela Porter, Shonna Poulin-Gutierrez, Michelle Probert, Joanne Rawlings-Sekunda, Jeremy Roberts, James Russell, Kim Vigue, & Frank Wiltuck.**
(total = 20)

Commission members absent: Peter Baker, Kelly John & Robert Omiecinski
Vacant seat(s): 2

Others present: Kurt Caswell, Paige Lamarre, & Roberta Leonard – Employee Health & Wellness; Breena Bissell – Bureau of Human Resources/DAFS; Sabrina DeGuzman-Simmons & Kevin Fenton – Aetna; Lisa Lagios & Stefanie Pike - Anthem Blue Cross and Blue Shield; Amy Deschaines, Ken Ralff, Scott Bush & Ed Pierce – Lockton; Cindy Walsh – Humana; Libby Arbour - MCD Public Health; Peter Hayes, Lisa Nolan, Sara Fitzgerald & Trevor Putnokoy – Healthcare Purchasers Alliance; Emily Kovalesky – Maine Health; Laura Robert – SunLife; Brent Nicholson & Jess Rengstorf – Carrum Health;

Agenda Item	Discussion	Action/Next Steps
I. Call Meeting to Order (8:31 am)	Jonathan French called the meeting to order.	
II. Introductions		
III. Review & Approval of Minutes (March 18th, 2021 & April 8, 2021)		Lois Baxter made motion to accept the March 18 th minutes; Peter Marcellino seconded the motion; Motion passed. Lois Baxter made motion to accept the April 8 th minutes; Angela Porter seconded the motion; Motion passed.
	IV. Recurring Monthly Business	
a. Open Discussion/Questions on Vendor Reports (All)	Lois Baxter asks Sabrina DeGuzman-Simmons if she will speak to what she told Lois yesterday. Sabrina DeGuzman-Simmons states there was a clinical study by one of Aetna’s Wellness vendors, Health Gen, on Johnson & Johnson. This study was regarding a-fib and how to avoid strokes & death.	



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b. Highlights - Employee Health & Wellness - Shonna Poulin-Gutierrez

Information contained in written reports; highlights and discussion noted below:

- Flexible Spending Account 2021 Temporary Provision: The Office of Employee Health and Wellness received 281 enrollments for FSA. Employees also had the option to change status. Of the 171 change of status requests nearly all were to increase employee contributions.
- American Rescue Program Act: Individuals who lost their employer-sponsored health coverage because of an employee's involuntary termination of employment or reduction of work hours can continue that coverage through COBRA at no cost to the member from April 1 to Sept. 30, 2021. State of Maine HR contacts and Ancillary contacts are working with The Office of Employee Health & Wellness to identify employee's involuntary termination of employment or reduction of work hours.
- Anthem: Anthem was provided notification to extend coverage for members diagnosed with COVID-19, for no out-of-pocket costs from in-network doctors, hospitals and other healthcare professionals. Coverage has continued for the month of April 2021. The State of Maine Health Plan (Anthem) has processed 2,800 Covid-19 vaccination claims as of April 6, 2021. Of the vaccinations administered through the health plan, 708 members are fully vaccinated as of April 6, 2021. The Anthem (April) report indicates \$2.5 million in total covid-19 spend.
- Anthem: A total of 584 members (2.2% of membership) drove 46.6% of all costs on the State of Maine Anthem plan. (\$70,157,002) In the prior period, 665 members (2.5% of membership) drove 45.7% of all costs
- Express Scripts: As of 3/22/2021, the plan has processed 1,087 Covid-19 vaccine claims. Of these claims 74 are J & J (one dose), 833 are initial vaccines, and 180 are booster. Express Scripts reports (as of 3/22/2021) the gender distribution is 63.7% female and 36.3 % male receiving vaccination. The age group of 51-64 is representing 508 individuals with at least one dose.
- Committees: A second appeal meeting is scheduled on April 15, 2021.



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	<p>A Plan Design meeting was held on April 6, 2021. Lockton compiled additional data for the meeting and recommendations were brought forth at the special session on April 8, 2021.</p> <ul style="list-style-type: none"> • <u>Pilots</u>: Headspace pilot renewed for 12 months beginning April 1st Wellbeats virtual fitness pilot currently active. Health Premium Credit Program. 2021 program requirement deadline is April 30th, 2021. As of April 2nd, 2021: Total of "My Health" section completed – 4,660 Total of Wellness Questionnaires completed – 4,306 Total of participants who completed the video & quiz – 4,040 • <u>WellStarME</u>: continues to produce bi-monthly wellness topics for various departments. Topics include social media, financial wellness, healthy eating and self-care • <u>Dependent Eligibility Audit</u>: Audit process has wrapped up 133 appeal approval letters mailed 21 appeal denial letters mailed • <u>Health Premium Credit Program</u>: Reminder postcard mailed to all active SOM employees. Reminder email being distributed each Monday in April to Wellness Ambassador Network • <u>Constant Contact</u>: National Nutrition Month campaign which included a registration link to a Healthy Cooking Webinar hosted by Healthcare Purchaser Alliance. Sent to 6,067 subscribers, opens 1641 subscribers, open rate 29.2%, click rate 6% and # of unique clicks 123 • <u>Carrum Health</u>: Claims-based postcard was mailed to 4,695 households • <u>RFP's</u>: The Office of Employee Health & Wellness has started the process of drafting the RFP for employee assistance programming. A renewal with Sunlife is being processed. 	
<p>c. Committee Updates i. Financial Update – Heather Perreault</p>	<p>Information contained in written report; highlights and discussion noted below:</p> <ul style="list-style-type: none"> • <u>Reserve Calculation</u>: Required Reserve Balance for FY2020 is \$61.7M Revised Method • <u>Operating Statement</u>: State FY2021 through 3/31/21 Revenues over Expenses is \$37.9M • <u>Balance Sheet</u>: State FY2021 through 3/31/21 Equity is \$202.1M Revised Method 	



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<p>ii. Open Seats -Heather Perreault</p>	<p>Discussion highlighted below:</p> <ul style="list-style-type: none"> • <u>Appeals Committee</u>: One vacancy on the management side • <u>Finance Committee</u>: Two vacancies on the labor side • <u>Legislative Affairs Committee</u>: One vacancy on the management side • <u>Plan Design Committee</u>: Two vacancies on the management side • <u>Wellness Committee</u>: Two vacancies on the management side and one vacancy on the labor side • Diane Bailey & Thomas Lamontanaro state they will join the finance committee as labor • Joanne Rawlings-Sekunda states she will join the Legislative Affairs Committee as management • James Russell states he will join the Plan Design Committee as management • Angela Porter states she will join the Wellness Committee as labor • Frank Wiltuck states he will join the Wellness Committee as management • Cecile Champagne-Thompson states she will join the Plan Design Committee as management 	
<p>iii. Legislative Committee - Shonna Poulin-Gutierrez</p>	<p>Discussion highlighted below:</p> <ul style="list-style-type: none"> • Not as active as they should be • By this time next year, the committee should be meeting more frequently and will share updates to the Commission group • No chair identified for this committee 	
<p><i>V. Semi Annual Update</i></p>		
<p>a. Carrum Health Program- Brent Nicholson</p>	<p>Information contained in written report; highlights and discussion noted below:</p> <ul style="list-style-type: none"> • <u>Transforming the Healthcare Landscape in Maine</u>: Transform the way we pay for and deliver health care, away from a fee-for-service model based on quantity, toward a value-based system based on results. • <u>Our commitment to you and your members</u>: Hand-picking top-quality facilities and surgeons, thoughtfully designed patient experience and reducing spend and eliminating waste. • <u>Rand Corporation</u>: >45% savings vs. market rates, \$16K savings per procedure, 30% advised less invasive treatment and 80% reduced readmission. 	



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- Importance of quality & reassurance for members: Carrum does all the vetting on quality, exclusively partnering with the top 10% of hospitals.
- Ongoing evaluation and feedback process: Prompt communications, future opportunities, re-evaluation and feedback for Carrum Health.
- Case Study-Carrum promotes quality improvement: The hospital and surgeon undertook significant effort to improve outcomes for all hip and knee patients.
- New center of excellence - Spectrum Healthcare Partners: Quality highlights, experienced surgeons performing over 3x as many total joint replacement surgeries as the average 70-80% lower rates of complications, Patient experience NPS-90, Recognition- surgeons include a past president of the Maine Society of Orthopedic Surgeons, Cost advantage - cost savings of up to 50% compared to average employer paid amounts
- State of Maine members are thrilled with Carrum: "Best thing I could have done. Good luck to all moving forward with these types of procedures. I encourage all to make contact with Carrum Health."
- Members receive support and guidance every step of the way: Engagement, qualifications, preparation and recovery.
- Member engagement since launch: Member registrations 707, episodes (cases) created 367, consultations held 50 and surgeries performed 41.
- Savings and ROI: Launch Q1 2021 15% utilization savings of \$0.7M return on investment +82% and total annual opportunity utilization rate 100% savings of \$4.4M with return on investment +1500%
- Opportunities to improve utilization and savings: Communications – monthly campaigns with new collateral, Referrals - point in time referrals from other partners in the ecosystem, Provider Identification -improved classification of State of Maine members as Carrum patients at our COEs and Plan Design – leverage incentives and steerage to drive more engagement

VI EDUCATION

**a. Health Purchaser Alliance -
Peter Hayes**

Information contained in written report; highlights and discussion noted below:

Heather Perreault asks if we could have a comparison between increased premiums and



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- Healthcare makes up nearly 20% of economy: National Health expenditures just under 20% of GDP 2018.
- A History of Leadership: In 1993 the State Employee Health Commission, along with a few other self-funded purchasers formed the Maine Health Management Coalition (now HPA) to better understand and address gaps in our healthcare system.
- Leveraging size to improve Maine’s healthcare market: Over \$200 million in annual healthcare spend and nearly 27,000 covered members makes the State Employee Health Plan one of the 3 largest purchasers in Maine The Commission wields considerable leverage to shape the entire healthcare market, benefiting not only their own health plan but also smaller employers who aren’t large enough to change the system on their own
- Quality & pricing transparency: Working collaboratively with the HPA, the SEHC was the first to implement hospital and primary care tiering programs to measure, publicly report, and incentivize quality improvement among Maine providers. Impact- Increased hospital reporting on medication safety and Leapfrog measures from 18 to 36 (100 percent increase), 500% increase in medication safety scores, Maine now has some of the safest hospitals in the country (Per Leapfrog) and 55 percent increase in PCPs earning high-quality designation (blue ribbons)
- Early innovator in diabetes care- 2005: Based on data analysis that showed higher prevalence and cost for diabetics, Telephonic Diabetes Education & Support (TDES) program piloted in 2005 through a partnership with Medical Care Development (MCD) & Anthem
- Accelerating Risk-Sharing with Providers-2011: Inclusion of patient experience measure in SEHC’s hospital tiering formula in February 2010 reduced the number of preferred facilities by 11
- Managing Pharmacy Spend – 2003, 2017 & 2021: In 2003, SEHC implemented mandatory generic drug substitution when generic substitutes are available; as a result, use of generics increased to the highest rate of any large Anthem employer in Maine and pharmacy spend trends moderated
- Right Care, Right Place, Right Rice- 2018: In HPA’s book of business, the majority of patients still utilize the most expensive settings Why?

total employee spend? Lisa Nolen says yes she will work with Lockton and follow up.



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	<p>Physician referrals to high-cost sites, affordable sites not available, lack of pricing info, no incentive to shop. Steerage to high-value providers creates competition that lowers prices for all Mainers</p> <ul style="list-style-type: none"> • <u>Bringing Bundled Payments to Maine- 2019</u>: Working collaboratively with the HPA, the SEHC was the first Maine employer to implement Carrum Health, which brought bundled payments with predictable prices, concierge service, and top-quality providers to Maine. Thanks to the SEHC, Maine now has two Carrum-designated hospital-based CoEs and two ambulatory CoEs opening soon • <u>Trend-Setting Current Strategies</u>: Tiered provider networks based on value (quality and cost), incented plan designs to move patients to high-value providers, focus on high-quality primary care, quality and pricing transparency 	
VII. OTHER BUSINESS		
a. Open Discussion	Discussion noted below:	
FUTURE UPDATES - SEMI-ANNUAL		
a. Living Resources Program – ComPsych – Tricia Mahoney (Provided in January & July)	Formal report not due this month.	
b. WellStarME Medical Care Development – Kelsey Robinson (Provided in March and November)		
c. Carrum Health Program – Brent Nicholson (April & October)	Formal report not due this month.	Michelle Probert asks if it’s typical in the market for only about 10% of cases to result in consultations. Kyle Thompson says he will have to follow up.
d. Anthem/Lockton Compliance Review (May & November)	Formal report not due this month.	
e. Expert Medical Opinion Grand Rounds (June & December)	Formal report not due this month.	
VII. REQUEST MOTION TO ADJOURN		



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X. Adjourn Meeting (10:53 pm)

Lois Baxter motions to adjourn; Laurie Doucette seconds the motion; Meeting adjourned

2021 meeting schedule available at www.maine.gov/bhr/oea